

XVI International Conference of Society of Surgeons of Nepal (SSN)

Preconference Workshop

Date: November 20, 2025 (Mangsir 4, 2082)

Venue: National Academy of Medical Sciences, Kathmandu, Nepal

Theme: “Global Surgical Excellence: Advancement in Skills and Training”

8:30 AM - 9:00 AM	REGISTRATION		
HALL A (Simulation Lab, 6th Floor, Surgical Block)			
Topic: Safe Laparoscopic Surgery, Chairpersons: Mahesh Khakurel, Subodh Kumar Adhikari, Baburam Pokhrel, Moderator: Bikal Ghimire			
	Topic	Presenter	
9:00–9:20 am	Basics of laparoscopic surgery	Bishnu Kandel	
9:20–9:40 am	Safe laparoscopic cholecystostomy	Rupesh Mukhia	
9:40–10:00 am	Safe laparoscopic appendectomy	Romeo Kansakar	
10:00–10:20 am	Safe laparoscopic Splenectomy	Bikal Ghimire	
10:20–10:40 am	Safe laparoscopic lower GI surgery	Satyadeep Bhattacharya	
10:40–11:00 am	Safe laparoscopy in Sleeve Gastrectomy (LSG)	Tanka Bohara	
11:00–11:20 am	Safe laparoscopic Hepatectomy	Dhires Mahajan	
Topic: Legal Aspects in Medicine			
11:20 am – 12:20 pm	Medico-legal issues in surgical practice	Lochan Karki	
12:20 PM - 01:00 PM	LUNCH		

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Topic: Laparoscopic Hernia Surgery, Chairpersons: Manohar Lal Shrestha, Rohit Yadav, Pradeep Ghimire, Moderator: Ghanashyam Thapa		
1:00–1:20 pm	Classification and presentation of inguinal hernia with relevant anatomy	Sujan Shrestha
1:20–1:40 pm	Laparoscopic approach to inguinal hernia	Suresh Sah
1:40–2:00 pm	TEP/TAPP techniques	Rakesh Gupta
2:00–2:20 pm	IPOM and eTEP techniques	Nirvan Rai
2:20–2:40 pm	Ventral hernia: alternative surgical approaches	Ghanashyam Thapa
2:40–3:00 pm	Component separation and TAR	Rakesh Gupta
3:00–3:20 pm	Troubleshooting in hernia surgery	Pranil Rai
Topic: Taxation for Surgeons		
3:20–4:20 pm	Taxation in surgical practice	Sarad Niraula

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HALL B (7th Floor, Surgical Block)

Topic: Hands-on Workshop & Laparoscopic Suturing, Course Faculty: Rupesh Mukhia, Kishore Manandhar, Kumar Shrestha, Tanka Bohara, Arbin Joshi
Course Director: Vikash Singh, Deepak Raj Singh

10:30 - 10:50 am	Welcome and Introduction	
10:50 - 11:30 am	Abdominal Wall Closure Technique: Basics	
11:30 – 12:20 am	Laparoscopic Suturing: Basics	
12:20 PM - 01:00 PM	LUNCH	
1:00 pm onwards	Suture Practicum (Hands On)	

(All the participants are requested to bring their laptops at the workshop)